




AGE LESS
LIVE MORE

CENIGENT™ 
Health Enhancement
Medical Institute, Inc.
Age less. Live more.™



CENIGENT HEALTH ENHANCEMENT MEDICAL INSTITUTE

Lida Ghaderi, M.D. is an esteemed internist and expert in the new field of personalized genetic-based medicine. She has pioneered the first systems- and genetic-based medical approach and is the founder and medical director of **CENIGENT** Health Enhancement Medical Institute.



Lida Ghaderi, M.D.
Founder and Medical Director,
CENIGENT Health Enhancement
Medical Institute

Dr. Ghaderi is a *magna cum laude* graduate of the University of California, Irvine, where she received a bachelor's degree in biological science. She earned her medical doctorate from the University of California, San Diego School of Medicine in 1995. Following her post-doctoral training that included an internship and residency in internal medicine, Dr. Ghaderi received her board certification in internal medicine and was appointed a diplomat of the American Board of Internal Medicine in 1998.

Dr. Ghaderi has received numerous accolades, including a fellowship in the prestigious Phi Beta Kappa Honor Society, excellence in research recognition and an award for clinical excellence and innovation.

Her broad research experience includes the fields of neurodegenerative disease, cardiovascular disease, psychological disorders and physical chemistry. She has worked under the guidance of several renowned researchers including Nobel Prize nominee Dr. Peter Rentzepis.



Dr. Ghaderi worked in several practice models including hospital, outpatient, HMO, non-profit, urgent care, anti-aging and integrative practices. She has served as the medical director of a large Los Angeles HMO. Dr. Ghaderi discovered that the country's current medical approach was lagging behind the latest biomedical and genetic research. Because of this, she pursued extensive training and performed on-going independent research in personalized genomics, epigenetics, systems biology, cell signaling, free radical biology, age management, functional medicine, nutrigenomics and many other emerging fields.

In 2002, Dr. Ghaderi founded **CENIGENT** Health Enhancement Medical Institute in Santa Monica, Calif. It is the first clinical practice model of a systems and genetic-based medical approach towards predicting, preventing and treating age-related chronic diseases and health decline. She also has created software used as a clinical tool to assist in selecting personalized therapies for patients based on their genetics.

Dr. Ghaderi is a member of the American Medical Association, the Epigenetic Society, the American Society of Human Genetics, the American Academy of Anti-Aging Medicine, the Hormone Foundation, the Endocrine Society, the Institute of Functional Medicine, the Society for Free Radical Biology, the American Association for the Advancement of Science and the American College for Advancement in Medicine.

For more information about Dr. Ghaderi and the **CENIGENT** Health Enhancement Medical Institute, please visit www.cenigent.com.

